



Swallowcliffe P-6

Be Safe, Be Kind, Work Hard



Welcome to our Newsletter

Term 1, Week 6 2025

Pictured: Congratulations to our 2025 SRC Representatives!

Diary Dates

TERM 1 2025:

Week 7

Monday 10/3

- Public Holiday - Adelaide Cup Day

Tuesday 11/3

- Pupil Free Day

Wednesday 12/3

- NAPLAN commences (until Week 9 Monday 24/3)

Week 8

Monday 17/3 - Friday 21/3

- Harmony Week

Monday 17/3 - Wednesday 26/3

- Dentist Visit

Week 9

Friday 28/3

- Pupil Free Day

Week 10

Thursday 3/4 - Friday 4/4

- PE Fun Days

Week 11

Friday 11/4

- Last day of Term 1 - 2:00pm early dismissal

Principal's Message

Governing Council AGM

Thank you to the parents/caregivers that supported our AGM. They heard about the new leadership structure and Site Improvement Plan for 2025.

A sincere thanks to our past Governing Council members, the community appreciates the time and energy you put into each Governing Council meeting.

- Luke Hilditch
- Cassara Enalanga
- Sam Mullins
- Kathleen Walker (Teacher Representative)

Parent/Caregivers then voted in our Governing Council members for 2025 to represent your voice in the school.

- Russell Taylor – Chairperson
- Peta Holland – Vice Chairperson
- Terri Taylor – Treasurer



Russell Taylor



Peta Holland



Terri Taylor

Our new Teacher Representative is Michelle Walford.

Hot Food Lunches

A huge thank you for being so patient with our Hot Food Lunches. At this stage our lunches will stay with Years 3 to 6. This is due to oven

capacity. We have had students in all of these classes show leadership skills in collecting the trolleys of food and returning the trolleys at the end of the eating period. It is no mean feat to be pushing the trolleys of food, cutlery and plates on our pavement! It has been fantastic to hear of students trying new foods and enjoying them! If your child is eating the Hot Food Lunch there is no need for them to be ordering from the Deli.

We would like to welcome to our Swallowcliffe Staff our new Kitchen Workers Cassara Enalanga and Gabby Baldwin. They have been doing an amazing job as they learn new skills, take on lots of new information, learn about timetables and appliances, work with many different people/agencies, and performing general duties within the kitchen.



If you would like more information please come and speak to Penny Sweeney or leave a communication request at the front office.



We look forward to our Harmony Day events coming up soon!



Penny Sweeney, Principal

Swallowcliffe P-6 is committed to providing Quality Education.

Our Mission: To empower students to recognise and optimise their full learning potential through explicit teaching of;

- ✓ High Expectations
- ✓ Positive & Growth Mindset
- ✓ Relationships with Others

Principal: Penny Sweeney • Swallowcliffe Road, Davoren Park SA 5113

Ph: 8255 2908 • Fax: 8287 0559 • E: dl.1062.info@schools.sa.edu.au



Government of South Australia
Department for Education



www.swallowc7.sa.edu.au

Key Contacts

Principal - Penny Sweeney

Assistant Principal Curriculum - Erica Goodfellow

Coordinator Curriculum - Kylie Holmes

Assistant Principal Inclusion - Lisa McMahon

Coordinator Inclusion - Suada Smajlovic

Assistance Principal Wellbeing - Dominic Stevens

Coordinator Wellbeing - Emily D'Antini

Preschool Lead Teacher - Tatum Finlay



Statements & Payment of Fees

Statements

Statements have recently been emailed to families showing the 2025 Material & Services Charge of \$275.00 minus the \$200 State Government Cost of Living Material & Services rebate. The statement will also list any other outstanding monies owed to the school.

Payment of Fees

Fees are able to be paid by EFTPOS, CASH, DIRECT DEBIT or Centrepay.

2025 Material and Services Charge

On 4th of November 2024 Governing Council approved the charge of **\$275.00**. This amount is legally recoverable by Department for Education Central Debt Collection for all students except those who receive approval for School Card in 2025.

2025 School Card

School Card for the 2025 school year has been set at **\$300.00** for a primary student.

2025 School Card

Eligibility for School Card Assistance is dependent upon the combined family gross income for the 2023/2024 financial year being within the following School Card limits:

Number of Dependant Children	Gross Annual School Card Income Limit	Gross Weekly School Card Income Limit
1 child	\$74,189	\$1,426
2 children	\$75,514	\$1,452
3 children	\$76,839	\$1,478
4 children	\$78,164	\$1,504
5 children	\$79,489	\$1,530
more than 5 children	Add \$1,325 for each dependent child	Add \$26 for each dependent child

School Card does not roll over year after year; you are required to apply each school year. If approved for School Card the entire 2025 M&S charge of \$275.00 will be paid and a further \$25.00 can be accessed to purchase uniforms or pay for excursions in 2025.

Forms are available from the front office or you can apply online at www.sa.gov.au/education/schoolcard

APPLYING FOR A SCHOOL CARD



All types of School Card applications are now online.



You can access the online forms from any device that gets internet, including mobile devices, such as tablets and smart phones, as well as laptops and computers.

Applying online is easy! Simply follow the steps below.

STEP 1

Visit sa.gov.au/education/schoolcard

STEP 2

Select the type of School Card you would like to apply for (for example 'Type A') and follow the prompts.

STEP 3

Complete all mandatory fields.
Please note: you cannot submit your application unless all mandatory fields are complete.

STEP 4

Once you have completed a page click on the 'NEXT' button.

STEP 5

Once you have filled out all pages click the 'SUBMIT' button.

Please note: if you exit the form without clicking 'SUBMIT' your details will be lost.

You can save the form, and return to complete it at another time, by clicking on the 'SAVE' button.



sa.gov.au/education/schoolcard

Centrepay

Centrepay – the easy way to pay your bills and expenses

Centrepay is a voluntary bill-paying service which is free for Centrelink customers. Use Centrepay to arrange regular deductions from your Centrelink payment (e.g., Family Tax Benefit, Newstart Allowance, Age Pension or Parental Leave Pay). You can start or change a deduction at any time. The quickest way to do it is through your Centrelink account online. Forms available from the front office.

PE News

P-E-T-E-R-S

Peters fight with all its might,
We run through the heat,
We run through the cold



We run
We play
We fall
We don't cry
Peters spirit will never die

Come on Peters

A-R-G-E-N-T ARGENT

We're the best, Just wait and see!
Fast, fierce, strong and bold,
Argent's spirit breaks the mold!!



Run, jump, push ahead,
Argent fights till the end!

Champions rise, we never fall,
Argent pride beats them all!

Go Argent, GO!

B-A-R-N-E-S!

Stronger, faster, better than the rest
With speed, with strength,
With power and force,
Barnes will win, yes of course!



Run, Sweat, give it your all,
Barnes will rise; we never fall!

Champions wins, champions fight
Barnes will win forever more!

Let's go Wilson, Let's go! *Clap clap*
Let's go Wilson, Let's go! *Clap clap*



We're the best, we'll always win!
Speed and Strength, That's the spin!

Run fast, play strong, never rest,
Wilson Warriors are the best!

Let's go Wilson, Let's go! *Clap clap*
Let's go Wilson, Let's go! *Clap clap*

GO WILSON!!!!!!



FUNDRAISING STICKERS

DAY: WEDNESDAY MARCH 12TH

TIME: AFTER LUNCH
CAPTAINS WILL COME TO
CLASSROOMS

PRICE: \$1 PER STICKER



Preschool News

Dear Preschool families,

We have had a busy and productive few weeks since our last newsletter. Our Cooking program has begun with a very colourful start with this term's theme, 'Rainbow Food!' So far, the focus has been on red and orange food. The children have had the opportunity to look, feel, cut, and taste each of the different foods and share their thoughts about their likes and dislikes and any other colourful descriptions they have of the food. This has been captured in their special notebook about the program. Please keep your donations coming as this will give the children the opportunity to continue tasting the colours of the rainbow.



Each fortnight Miss Hayley and Miss Tatum will be taking a small group of children to the Aboriginal Elder Village to have a chat with and do some craft activities with residents there. Both children and adults alike are fascinated at each other's age and skills and it leads to some very colourful conversations!

Each fortnight staff plan on the basis of what the children have shown interest in during their Preschool sessions. The children have been interested in dramatic play so we have had a pop-up pizza shop and ice cream shop. Children have also been interested in animals and magnets so some interest areas have been set up also over the fortnight. Who knows what will happen in the next fortnight in this area! Our fortnightly program (Floor Book) is displayed next to the morning sign in sheet for you to look at and share with your child about their learning.

Staff also prepare a special learning journal for each child. These are usually placed on the bottom shelves inside the door where you sign in. If they aren't there ask your child's teacher if you could see them so you can sit down and share them with your child. There is a page in there that we would love you to fill out. This will help us further in planning for your child's interests.

Reminders:

- Thank you to everyone who have named and labelled their child's belongings. It makes it easier for us to keep track of them during the day and for you to find them at the end of the day.
- We have a lost property box located in the locker area. Please look here for any items that have gone missing. Any hats that have been left behind will either go in our spare hat boxes or in your child's name pocket near the sandpit.

Thanks,

The Preschool Team – Tatum, Rachel, Teagan, Hayley, Sophie, Sam, Lorraine, Jasmine and Trisha



Keeping Safe: Child Protection Curriculum

KS: CPC



Keeping Safe: Child Protection Curriculum

2024 3rd Edition

- EY - 6 + Disability and additional needs

Miss Nicola will be teaching the Child Protection Curriculum across most of the R-6 classes in 2025

Term 1 focus is on The Right To Be Safe

Focus areas

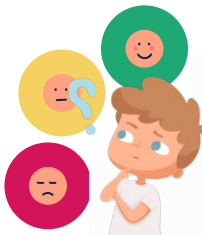
1. Keeping safe
2. Rights and responsibilities
3. Safe and Unsafe



Everybody has the right to feel safe at all times!



Swallowcliffe School



Emotional Literacy Focus

The week 5-6 emotion is **Remorse**

The feeling you have after regret and you feel the need to use empathy to apologise

The word in week 3-4 was **Anger/regret**

What have we been doing in Health and Child Protection Curriculum?

We have started the year of in **health** by focusing on the strategies we use daily to maintain our health.

Some of these are part of our daily routines such as

- Brushing our teeth
- Storing and preparing food safely
- Washing our hands
- Getting quality sleep

We have started the year of in **Child Protection Curriculum** by focusing on the the pillar of Keeping Safe. Classes have begun to establish who their trusted adults are and identifying our feelings around what it feels to be safe.

The year 6 classes have been focusing on developing their own character strengths. They may come to you and ask you what you think is their top strength as they continue to build their self-identity.

The power of a self-check in

At the start of each lesson so far this term we have been learning a self-check in process. This involves a mental body scan to identify stuck uncomfortable feelings as well as three long slow breaths. When you are practicing breathing like this it is important to keep the out breath longer than the in breath and it is a gentle exhale not a forced sigh.

Ask you child how this looks, I'm sure they will be happy to show you.

B1R2 Hot Food Lunches 'Restaurant' Practise



Children's University

Children's University is where students participate in activities outside of school hours. When they achieve a minimum of 30 hours in their passport they will attend a graduation ceremony to celebrate their achievements.

Students from years 3-6 are able to join the program.

There is an online portal where children can complete activities to gain hours, you can also gain hours by going places like the Zoo, bounce, The Art Gallery, as well as outside sports such as soccer, football and dance.

Please scan the QR code, register and pay the \$16.50 fee at the SCHOOL OFFICE.

If you would like more information please speak to Lisa McMahon (Assistant Principal). Once registered more information will be distributed.

Payments and registration are due by the 5/3/25.

Children's University Adelaide -
Swallowcliffe Primary School -
2025



Community Notice



13/45 Peachey Rd, Davoren Park

Hopstreet Community Hub presents

PARENT CONNECT

WEDNESDAYS & THURSDAYS

3-4:30pm Term 1 2025

**Parents of Swallowcliffe Students
First Hot drink is FREE!**

Then enjoy for

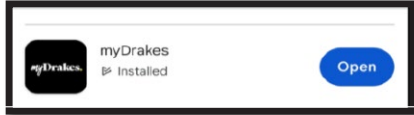
\$2.00

Medium Hot Drink
(Coffee, Chai or Hot
chocolate!)

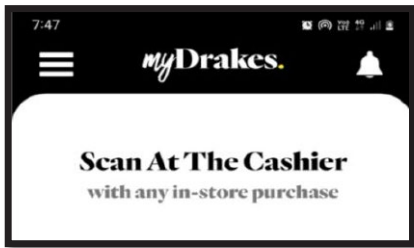
**BOARD GAMES, FRUIT, BOOKS
AND COLOURING AVAILABLE, AND
TOASTIES FOR SALE. GREAT FOR
AN AFTERSCHOOL HANG OUT**



Drakes Community Dollars



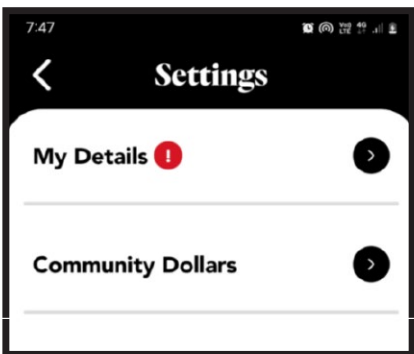
1. Download 'my Drakes' app



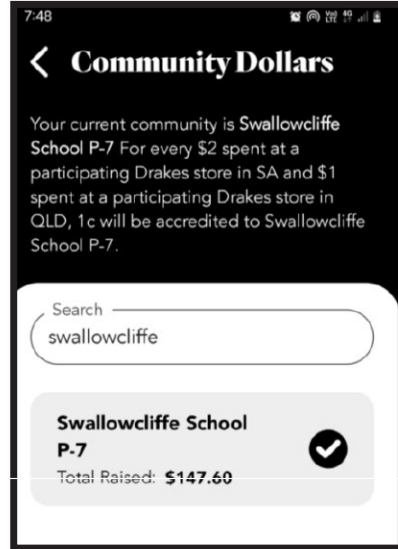
2. Open menu



3. Open Settings



4. Open Community Dollars



5. Search 'Swallowcliffe' & select



6. Reveal code at the checkout & scan

Community Notices



The Precinct is a community hub that provides a range of programs and workshops for all, community garden, volunteering opportunities and meeting space hire. Also located onsite is the Healthy Food Co, Playford Men's Shed, a café and op shop.

TERM 1 2025

MONDAY	TUESDAY	THURSDAY	FRIDAY
Community Garden 9:30am - 11:30am Do you like working with your hands & don't mind getting dirty? Join us! All community welcome. Contact Nat 8256 0372	SA Rock Painting Group 10am - 11:30am Do you use paint & spread it? Our group is all about creativity, colour and spreading smiles one rock at a time! Fees apply rainackeyon@gmail.com	Tree Tots 10:30am - 11:30am Storytime in the garden! Reading & nature based play & crafts. For ages 2-5yrs. Book via Playford Library Eventbrite	CREATIVE COMMUNITY CONNECTIONS BRUNCH Join us fortnightly to share a meal, unleash your creativity with arts and crafts, and build meaningful connections with others! \$2 Bookings via Eventbrite
COMMUNITY CONNECTIONS CAFE ENJOY A CUP OF COFFEE OR TEA HAVE A CHAT AND MEET OTHER PEOPLE IN YOUR COMMUNITY WHERE EVERYONE IS WELCOME! Mon - 11:30am Fortnightly Mondays from 3rd February www.playfordwellbeinghub.com.au	Auto Skills 9:30am - 11:30am 11th Feb & 4th Mar Learn basic car maintenance skills & tips and tricks for purchasing a car. For ages 16+ yrs. \$5! Book via Eventbrite	PASTA NIGHT! \$5.00 \$10.00 \$15.00 \$20.00 \$25.00 \$30.00 \$35.00 \$40.00 \$45.00 \$50.00 \$55.00 \$60.00 \$65.00 \$70.00 \$75.00 \$80.00 \$85.00 \$90.00 \$95.00 \$100.00	10am - 11:30am 7th Feb 21st Feb 7th March 21st March 4th April

For more information contact The Precinct
 8480 0181
 theprecinct@playford.sa.gov.au

Follow us on Facebook to keep up to date with the most recent information!
 The Precinct

HEALTHY FOOD @ THE PRECINCT

112 Coventry Road Smithfield Plains

The Healthy Food Co. provides low-cost nutritional food products and grocery items to the whole community at reasonable prices. We are a volunteer run service and have been serving our community since 1996.

We offer Easy Meal kits that feed a family of 4 for under \$15.00 per kit. We are open to everyone and have no requirement for entry.

Healthy Food Co at Playford

The Smithfield Healthy Food Co. Shop is also home to The Precinct Cafe where our volunteers serve up delicious coffee, cake and lunches!

Healthy Food Co. - The Precinct
 112 Coventry Road, Smithfield Plains, SA 5114
 Ph: 8254 3641

Opening Hours:
 Mon 9.30am - 3pm
 Tues - Fri 9.30am to 4.30pm

After hours collection of Easy Meal orders available from John McVeity Centre.



CHILD & FAMILY WELLBEING COMMUNITY PROGRAMS

TERM 1 2025

28th January - 11th April

182 Peachey Road, Smithfield Plains

112 Coventry Road, Smithfield Plains

TERM 1 2025

The John McVeity Centre provides opportunities for people to come together and connect. On offer for all the community are a range of workshops and programs, fitness classes, social sports, facility hire and a café.

MONDAY	TUESDAY	WEDNESDAY
Munro Para Seniors Club 9:00am - 1pm Social club for retirees/pensioners aged 65+ yrs. Fees apply Karen: 0416 504 632	Pickleball SA 10am - 12pm A new sport that combines tennis, table tennis and netball. For all ages. Fees apply www.pickleballsa.com.au	Lil' Movers 9:30am - 10:30am A session to explore motor skills through play. For ages birth to 18 month old children & their parent/guardian. Cost: \$7 *multiple sibling discounts available No booking required
Yara Basketball Juniors 4pm - 5pm Hang out with youth mentors, have a yarn & shoot hoops. For ages 7-12yrs. Register online at yara.basketball.com.au/youth-groups	Daytime Netball 9:30am - 11:30am Ladies social competition for ages 16+ yrs. Individual & team registration welcome. SEASON STARTS FEBRUARY Contact JMC for more info!	Walking Group 9:30am - 10:30am Weekly walking group. Walk from JMC and chat with fellow walkers before returning to JMC for a coffee/tea. Everyone is welcome! No bookings required.
Just Kicks Taekwondo 5:15 - 5:55pm (4-7yrs) 6:05 - 7:05pm (8-10yrs) 7:15 - 8:15pm (11-15yrs) Monday & Wednesday Taekwondo coaching for kids & adults. Fees apply justkicks@boomall.com	ACBA Aussie Hoops 4pm - 6pm Junior basketball clinics. For ages 5-10yrs. Fees apply Register online at adelaidebasketball.com.au	Chatty Café 10am - 11:30am Fortnightly Starting back 28th Jan. Pop in, grab a cuppa and a biscuit, and have a chat with one of our friendly Chatty Café members. Everyone is welcome!
Ladies Social Netball 6:30pm - 9:30pm NEW SEASON STARTS MARCH	Women's Health Sessions 10th & 28th Feb 5pm - 6pm Two-part session covering all aspects of women's health including menstrual health and general wellbeing. Bookings via Eventbrite	Ready Steady Go Kids 9:30am - 11:30am Monday & Wednesday Multi-sport & exercise program for preschoolers. Ages 1.5 - 4yrs. Fees apply readysteadygo@jmc.com.au
Just Kicks Taekwondo 5:15 - 5:55pm (4-7yrs) 6:05 - 7:05pm (8-10yrs) 7:15 - 8:15pm (11-15yrs) Monday & Wednesday Taekwondo coaching for kids & adults. Fees apply justkicks@boomall.com	Saber Academy Tuesday 5:30pm - 7pm Juniors (7-12 yrs) Thursday 8pm - 9pm Seniors (13yrs - adults) A blend of sparring, mental attack, weapons training & self defence techniques. For ages 13yrs+. Fees apply mikhaylova@sabreacademy.com.au	Kangaranger 12:30pm - 1:30pm Connect with other mums while we focus on rebuilding your entire body after pregnancy and birth, through a fun and energetic class with your class. Fees apply. Bookings via https://bit.ly/yourmumandbaby
Senior Social Futsal 6:30pm - 8:30pm For ages 16+ yrs NEW SEASON STARTS MARCH	Aikido Tuesday 7pm - 8:30pm Thursday 8pm - 9pm A combination of stretching, relaxation, dynamic movements, cardio, weapons training & self defence techniques. For ages 13yrs+. Fees apply	Senior Social Futsal 6:30pm - 8:30pm For ages 16+ yrs NEW SEASON STARTS MARCH

For more information contact the John McVeity Centre
 8480 0100
 jmc@playford.sa.gov.au

Follow us on Facebook to keep up to date with the most recent information!
 John McVeity Centre

THURSDAY	FRIDAY	SATURDAY
Immunisation Clinic 3pm - 7pm Bookings via VozApp playfordbookings.com.au Contact: 0423 635 948	Play Gym 9:30am - 10:30am A play session to explore fine & gross motor skills. For ages 6 months - 5yrs & their parent/guardian. Cost: \$7 *multiple sibling discounts available No booking required	AA Davoren Park Meetings 12pm - 1:30pm Contact Sarah: 0451 665 442
Saber Skirmish 6:30pm - 8pm Armoured light sabre combat. Equipment provided. Ages 10yrs - adults. Fees apply mikhaylova@sabreacademy.com.au	Queenstown Trampoline Gymnastics Monday, Friday & Saturday Weekly training sessions. Contact the club for further information & times. Fees apply queenstowntrampolinesgymnastics@gmail.com	JMC Family Movies 15th Feb 15th Mar 12th Apr Grab a cushion, bean bag, blanket or Oodie and get comfy to join us for our FREE family movie screenings! Drinks and snacks available for purchase from the JMC Café, or bring your own! Bookings via Eventbrite
Walking Group 9:30am - 10:30am Weekly walking group. Walk from JMC and chat with fellow walkers before returning to JMC for a coffee/tea. Everyone is welcome! No bookings required.	Sound Bath Meditation 10am - 11am Immerse yourself in the healing sounds of crystal singing bowls. \$15 per person \$10 per person	Gospel Faith Mission 9:10am - 11:40am Pentecostal church services. Experiential fellowship for a transformed Christian living. Contact Pastor Timothy 0462 867 536 or barmylj@yahoo.com
Junior Cooking Adventurers 1 session each day Monday - Friday 7th February - 11th February \$5 Junior Cooking Club	Paint & Platter 10am - 11am \$10 per person \$12 per person	Messiah Life Church of All Nations 10:30am - 12:30pm Pentecostal church services. Praise & worship. Open House to the homeless through the Word of God. Contact Pastor Gabriel 0462 867 437 or messiahchurch@gmail.com
Senior Social Futsal 6:30pm - 8:30pm For ages 16+ yrs NEW SEASON STARTS MARCH	Walking Netball 6:30pm - 7:30pm For ages 16+ yrs Open to players of any gender. Individuals welcome. SEASONS START FEBRUARY. Contact JMC for more info!	Faith Alive Dream Centre Church 1:30pm - 4pm Pentecostal church services. The word, fellowship, preaching & worship. Contact Pastor Aroca 0452 423 207 or faithalivechurch@facebook.com

COMMUNITY FITNESS

ACTIVE BOXING Monday 7:15am 45 Mins Tuesday 9:30am 45 Mins Friday 9:15am 45 Mins 5:30pm 45 Mins	BOOT CAMP Monday 8:00am 45 Mins Wednesday 7:15am 45 Mins Friday 7:15am 45 Mins	CIRCUIT Monday 9:15am 45 Mins Tuesday 9:30am 45 Mins Wednesday 9:00am 45 Mins FLIX FINISHER Wednesday 6:30pm 1 Hour	FIT & FAB Tuesday & Thursday 9:30am 1 Hour FLEXI YOGA Thursday 8:00am 1 Hour Saturday 8:30am 1 Hour	KID FIT Monday 4:00pm 45 Mins Tuesday 4:00pm 45 Mins KIDS ZUMBA Friday 4:00pm 45 Mins Saturday 4:00pm 45 Mins	PUMP Thursday 6:30pm 45 Mins STEP Tuesday 6:30pm 45 Mins	SIT FIT Tuesday 10:30am 45 Mins X-FIT Monday & Wednesday 5:30pm 45 Mins	X-FIT TEENS Tuesday 4:30pm 45 Mins ZUMBA Monday 6:30pm 45 Mins
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\$5 per session. No memberships or bookings required.

Pick up a loyalty card to get every 6th session FREE!

Simply, check in & pay at front desk for each session.

John McVeity Centre Opening Hours
 Monday - Friday | 7am - 9pm
 Saturday | 8am - 4pm
 Sunday | 8am - 4pm

*Hours may vary. Bookings may be available outside of these times.

BOOK VIA eventbrite

For all programs requiring bookings head to our Eventbrite page to register. Follow our Eventbrite page to be notified of new events!
 playfordwellbeinghub.eventbrite.com.au



Join our email list

Scan QR code or email jmc@playford.sa.gov.au to join our mailing list to get updates straight to your inbox!