

# Swallowcliffe P-6

Be Safe, Be Kind, Work Hard



# Welcome to our Newsletter

Term 3, Week 3 2024

Pictured: B1R4 literacy groups



## Diary Dates

### TERM 3

# Week 5

Book Week Monday 19/8/24 to Friday 23/8/24

Support Workers

Week

#### Week 6

Tuesday 27/8/24

Father's Day Stall

Wednesday 28/8/24

Magic Show Performance

Thursday 29/8/24

**School Photos** 

#### Week 7

Tuesday Mop up School 3/9/24 Photo Day Friday **School Closure** 6/9/24 Day

Week 9

Whole School Friday 20/9/24 Concert

# **Key** Contacts

Penny Sweeney - Principal Eleanor Rawson – Deputy Principal Elly Currin - Senior Leader Dominic Stevens - Senior Leader Erica Goodfellow – Co-ordinator Kylie Holmes - Co-ordinator Lisa Watkins - Co-ordinator

Tatum Finlay – Lead Teacher, Preschool

## Principal's Message

#### Support Workers Week

In Week 5 we celebrate the outstanding team of support workers we have at Swallowcliffe School, comprising of School Services Officers, Aboriginal Education Workers, Administration staff, IT staff, Grounds person, Nurses and our Pastoral Care Worker.

We know everything they do helps to support our students and staff. The teaching staff, leadership team and students are grateful for their contributions and we can't thank them enough!

#### Welcome to our Mid Year Receptions

We would like to welcome all our Mid Year Receptions and their families. We hope you have had a good start to the term. Letters for interviews for Mid Year Receptions have gone out and teachers would love to meet with you all.

We would like to welcome;

- Hanum Afeefa Nurrahma
- Zahra Al Hashoush
- Isabella Cameron-Gericke
- Levison Chitsulo
- Alison Crawley
- Olivia-Mae Edwards
- Charlie Enalanga
- Bravy Faisal
- Scarlett Frencken
- · Jax Guy
- Stephano llembo
- Davina Kalizeti
- Jordon Kenrick
- Sarah May
- · Millie Mills
- Lalisa Mwamikazi
- Phoebe Naw
- Mila Phelan
- Ryker Pribadi
- Rian Ram
- Alex Rivett-Grocke
- Shishombwa Rushingika
- Helen Schwartzkopff
- Archie Stewart
- Peyton Stewart
- Estella Stoneman
- ELCOME

#### Swallowcliffe Nurses

Our nurses have started to have appointments with students and families. If you would like to make an appointment please see the front office or call and ask to speak to Amber.

The dentist van returned this week (Week 3) to follow up any students they did not have time to see last term.

#### **Communication Request**

If you would like to communicate with a staff member, meet with a teacher or have a question/ concern and are unsure of who to communicate with, please fill out a communication request at the front office and a member of staff will be in contact with you within 48 hours.

Penny Sweeney, Principal

#### Swallowcliffe P-6 is committed to providing Quality Education.

Our Mission: To empower students to recognise and optimise their full learning potential through explicit teaching of;



Principal: Penny Sweeney • Swallowcliffe Road, Davoren Park SA 5113 Ph: 8255 2908 • Fax: 8287 0559 • E: dl.1062.info@schools.sa.edu.au

Skoolbag www.swallowc7.sa.edu.au



## Did you move or change phone number?

Parents are asked to keep the school up to date with contact details, changes of address and telephone numbers, any changes in a student's medical condition, and any change to the student's family situation.

In order for staff to care for your child, it is important we have current details of all contact numbers for parents/caregivers and an emergency contact if parents are unable to be contacted. We also require current information on any medical conditions.



#### **Transition to EMS**

All schools and preschools are required to transition to the Education Management System (EMS) by the end of 2025. EMS will replace what we currently use.

Swallowcliffe School P-6 is transitioning to EMS between 29th of July 2024 - 9th of August 2024 (Term 3, Weeks 2 and 3).

A number of staff are required to attend training which will have an impact on Front Reception and to the receipting of money.

Thank you for your patience during this time as staff learn how to navigate the new system.



's now time to enrol your child to start reschool at the beginning of 2024 if they

- turn 4 after 31 October this year
- turn 4 before 1 May 2024

For a great start, enrol your child in a public preschool or kindergarten.

www.education.sa.gov.au/preschool-enrolment



# APPLYING FOR A SCHOOL CARD



# All types of School Card applications are now online.

You can access the online forms from any device that gets internet, including mobile devices, such as tablets and smart phones, as well as laptops and computers.

Applying online is easy! Simply follow the steps below.

- STEP 1 Visit sa.gov.au/education/schoolcard
- STEP 2 Select the type of School Card you would like to apply for (for example 'Type A') and follow the prompts.
- STEP 3 Complete all mandatory fields.

Please note: you cannot submit your application unless all mandatory fields are complete.

- STEP 4 Once you have completed a page click on the 'NEXT' button.
- STEP 5 Once you have filled out all pages click the 'SUBMIT' button.

  Please note: if you exit the form without clicking 'SUBMIT' your details will be lost.

You can save the form, and return to complete it at another time, by clicking on the 'SAVE' button.



# Register now for reception in 2025!



In South Australia, the first year of primary school is called reception. Children who turn 5 years old:

- **before 1 May** can start school in term 1
- between 1 May and 31
   October can start school in term 3 (mid-year intake)
- after 31 October can start the next year.

Children who start school at the beginning of the year will complete 4 terms of reception.

Children who start school in a mid-year intake will complete 6 terms of reception.



#### Register your interest for 2025

Registrations of interest are now open to start school in 2025. If your child is starting school in term 1 or term 3, you are encouraged to submit your registration of interest by the end of term 2, 2024.



Scan or click here for more information



## **Getting Ready for Reception**

# **Getting ready** for reception



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Scan or click here to register your interest to start reception





#### What to expect from reception

Reception is where students discover school practices, routines and structure.

Students will experience active learning, including play-based and enquirybased approaches, as well as structured learning to develop literacy and numeracy skills.

This includes commencing learning in all 8 areas of the curriculum (English, maths, science, humanities and social sciences, the arts, technologies, health and physical education and languages).

All children have different interests, needs and motivations. Teachers provide learning opportunities tailored to the child and continually review progress to support their learning.

In reception, students continue to develop decision making, problem solving and thinking skills, as well as collaboration, communication and a positive sense of self. Developing independence is a focus.



Getting ready for reception

#### Mid-year intake and 6 terms of reception to school

Students will have the same types of learning experiences whether they start at the beginning or middle of the year.

Students starting in a mid-year intake complete 6 terms of reception. They may enter a new reception class or join an existing class. This depends on enrolment numbers and the size of existing classes at your school.

Your child's teacher will plan, teach and assess all learners and ensure they are making progress with their learning.

# **Planning your** child's transition

Preschools and schools have transition programs to support children moving from preschool into reception.

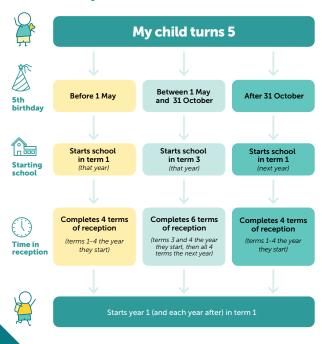
These programs help children settle into new routines, develop a sense of belonging at their new school, and build skills and concepts as they learn at their own pace.

Families play a significant role in supporting a successful transition to school. Speak to your preschool or primary school to find out more.



## When can my child start school?

You can decide which intake suits your child best based on their age, maturity, social and emotional wellbeing and attitude. Talk to your preschool or primary school to discuss your individual circumstances.



Getting ready for reception

Getting ready for reception

# **Design and Technology**

Welcome to Term 3 Design and Technology!

For this part of the year, we are focusing on Digital Technology. We will be exploring the physical components, programming and online safety.

So far we have explored the internals of multiple electronic devices - we have pulled apart three computers, a laptop, a printer and a keyboard! Depending on year level, the students have explored them by drawing pictures, discussing parts or researching how they work. It has been very hands on. Alas, our deconstruction has been much more successful than our reconstruction. I suspect we will need to source some 'new' fifteen year old computers to pull apart next year!

Each year level has been exploring online safety in different ways. Our youngest students have been reading "Swoosh, Glide and Rule number 5!" and discussing rules about how to use devices at home. All the rules are helpful, but we have put extra attention into rule number 5 - No taking screens to bed! The older years have been looking at how to put boundaries in place between the online world and the real world. The eldest students have been using specific terminology such as consent - how you have to ask and agree when accepting friend requests, when taking pictures or joining a game.

Finally it is our youngest students starting the charge towards programming first, using our trusty blue bot robots to start thinking like a programmer. They have started with just free play, but are rapidly moving on to planning their moves and recording them before testing the paths they want the robots to take.

We look forward to keeping you up to date with our progress!

#### Mr Seal and Ms Quinn

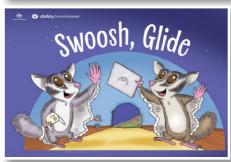














### **Preschool News**

Dear Preschool families,

Welcome to Term 3! It is hard to believe that we are already half way through the year!

At the end of Term 2, we said goodbye and good luck to some of our wonderful Preschool students who were beginning their journey into primary school. To celebrate this occasion we had a 'End of Preschool Party' in the school gym. The Preschool mid-year graduates had a blast of a time as they had the opportunity to go for a jump and a slide on the bouncy castle, have their face painted, did some dancing and engaged in some smaller craft activities with their friends and family members.

This Term, we have welcomed some new faces to Swallowcliffe Preschool. Our focus over the last few weeks has been building positive relationships with the children, building their familiarity around new routines and having fun! We have loved watching as the children have continued to build strong peer connections with each other, as well as comfort with the Preschool educators and environment.

In Week 3, we will be beginning our Pre-Lit literacy small groups, focusing on the concept of a spoken word. Identifying different words within our daily interactions, and how we use words to communicate with others. Along with Pre-Lit, bucket time will also begin with a focus on different animals and fruits presented within our focus storybook, 'Handa's Surprise'.

When reflecting with the new cohort of children about their highlight of Preschool so far, a common answer has been our visit from Bunnings! Bunnings came out to Swallowcliffe Preschool in Week I of Term 3. Bunnings worked with the Preschool children to bring their ideas to life around how we can improve the Preschool garden.

In response to the ideas presented by the children, Bunnings provided us with new garden beds, bark, soil, vegetable and flower seedlings, pea straw, and new gardening tools such as rakes, shovels, wheelbarrows and watering cans. As we head into spring and the weather improves, we hope to create a special bush tucker garden, inspired by the Preschool children who used their senses to explore lemon myrtle and native chutneys with quandong, Kakadu plum and native pepper berries within cooking.

#### **REMINDERS**

- CAFHS Appointments will be available for all children for their 4 year old health checks. These appointments will be on Tuesdays in Weeks 5, 6 and 7. Please see an educator if you would like to book an appointment time for your child. All appointments are free of charge.
- In Weeks 3/4, the Preschool children will be cooking banana bread as a part of the 'Kids in the Kitchen' cooking program. Our cooking program runs **ENTIRELY** on donations from our Preschool families, and unfortunately cannot run without these. If you can, please donate via our chef money box near the Preschool Parent Information Board.
- Due to severe anaphylaxis allergies, Swallowcliffe Preschool is a **NUT, SESAME AND EGG FREE** site. This means that there will be no nuts or eggs used within cooking or any food served to the children. We also ask that you do not pack any food that contains these ingredients in your child's lunchbox. If we come across an item that does contain these ingredients, we will provide your child with a safe alternative.

Thank you for your understanding.

#### Preschool Staff - Tatum, Rachel, Melissa, Hayley, Sophie, Lorraine, Sam, Martha and Jasmine



### **Child Protection Curriculum**

# Keeping Safe: Child Protection Curriculum

# KS: CPC



# **Keeping Safe: Child Protection Curriculum**

2021 V2.1

• EY - 6 +Disability and additional needs

Miss Nicola will be teaching the Child Protection Curriculum across most of the R-6 classes in 2024

**Term 3 focus is on Recognising and Reporting Abuse** 

# Focus areas

- 1. Privacy and the body
- 2. Recognising abuse
- 3. Cyber safety
- 4.Y6 Domestic and family violence



Everybody has the right to feel safe at all times!



Swallowcliffe School

# **Emotional Literacy Focus**

**E** 

The week 3-4 emotion is **Trust**Trust is having confidence that someone will look after you, that you can depend on them to do the right thing.

The word in week 1-2 was **Shame** 



SWALLOWCLIFFE VIRTUAL WALK TO ULURU

1581KM

We wrapped up our virtual walk/run to Uluru and back with huge success! In total we covered 3171km. This was enough to get to Uluru and back with 9Km to spare!

I was very impressed with the dedication of the students who were determined to contribute towards their class total.

#### Congratulations to....

B1R7 who travelled the most with 438km!

#### Class efforts...

B1R3 - Kayne 22.2km

B1R4 - Sayydan 40km

B1R6 - Cody 23.4km

B1R7 - Rhys 24.2km

B3R1 - Traeh 31.4km

B3R2 - Cameron 20km

B3R3 - Sienna 32.8km

B3R4 - Ray 33km

B4R3 - Blessing 30.2km



Supporting Kids in the Precinct

# **Toileting Tips for Daytime Wetting**

## **Drink plenty of fluids**

- Many children who wet themselves during the day drink very small amounts to avoid having an accident or needing to use the toilet.
- Drinking plenty of fluids helps flush the kidneys and bladder to keep them healthy and encourages your child to wee more often.
- Your child's intake of fluids should be increased slowly, spread evenly throughout the day, have a drink with every meal or snack.
- It helps to talk to your child's teacher about letting your child keep a water bottle at their desk and reminding them to go to the toilet regularly, such as during break times.
- Your child should avoid drinks with caffeine for example, cola, coffee, tea, and energy drinks. These can increase the amount of urine produced and make the need to wee more urgently.

## Regular toileting

- Encouraging your child to go to the toilet regularly helps train the bladder.
- In children who don't realise they need to do a wee, it prevents the bladder becoming too full and leaking.
- In children with an overactive bladder, encourage them to go to the toilet at set times. This may slowly improve bladder control.
- Encourage your child to go to the toilet at set times, even if they don't feel the urge to wee. A good starting point is every 2 hours.
- For school aged children you can match the schedule to wee to each break time, before and after school, and in the evening before bed. Increase the interval to 3-4 hours if they remain dry.
- Older children and teenagers may benefit from a 'reminder system' for example, setting an alarm for every two hours on a watch or smart phone.
- Eventually the aim is to let your child take responsibility for his or her own bladder control by relying on their own feelings of how full their bladder is, rather than reminders, but this may take some time to achieve.

## Create a relaxed environment

- Sitting comfortably and while weeing allows the pelvic floor muscles to relax, so urine can flow freely. This takes co-ordination and practice.
- Make sure your child pulls down their clothes & underwear completely to their ankles. Get them to sit back on the toilet seat, open their legs wide and lean forward slightly.
- Provide privacy while your child is using the bathroom and avoid pressuring them to finish.
- Allow 3-5 minutes on the toilet.
- Your child may be asked to perform 'double voiding' if they have been found to not fully empty their bladder. Encourage your child once they have finished weeing to get off the toilet, wash their hands, then go back and try again to see if they can wee. This process is used to make sure the bladder is completely empty each time.

## **Community Notices**



6 June 2024

Dear parent/caregiver

At a time when the cost of living pressures are being felt by many families, the South Australian Government is acting to deliver financial relief towards the cost of public

We want to reduce financial stress for families as much as we can

That is why, as part of the 2024-25 State Budget, families with school-aged children will receive a \$200 discount per child on their public school's Materials and Services Charge for 2025 – double the discount amount provided for 2022, 2023 and 2024.

You don't need to do anything to claim the discount – it will automatically be applied by your school.

The discount does not apply to families approved for the School Card scheme as these families are not required to pay a Materials and Services Charge.

Information on School Card eligibility, income limits and the application process can be found at: SA.GOV.AU - School Card scheme (www.sa.gov.au)

We hope this increased discount will provide some relief.

Hon Blair Boyer MP Minister for Education, Training and Skills Meh Whell

Professor Martin Westwell Chief Executive Department for Education

Minister for Education, Training and Skills Level 9, 31 Flinders Street, Adelaide SA 5000 | GPO 80x 1563, Adelaide SA 5001 | DX 128 Adi Tel 08 8226 1205 | Fax 08 8226 1556 | ABN 60 168 401 578





# Take control of your finances

For every dollar you save, you will receive another dollar from ANZ to spend towards educational costs, up to \$500



Salisbury Early Years



Join us for a day of early years discovery!



Hear from leading industry experts and engage with early years service providers.

PLUS enjoy FREE activities, giveaways, library programs and more.



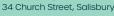






#### FREE EVENT

Tuesday 17 September, 10am to 2pm Salisbury Community Hub









For more information and to book your ticket, visit: www.salisbury.sa.gov.au/wgm

Brought to you by the City of Salisbury and the Salisbury Early Years Collective

Saver Plus gives you down-to-earth money talk - and a \$500 incentive to build your savings!

If you save up to \$50 a month for 10 months (the length of the program), ANZ will double it.

#### What can the \$500 be spent on?



Laptops and tablets



Uniforms and shoes



Vocational education



activities



Books and supplies



Camps and excursions

#### To join Saver Plus



Be 18 years or older



Have a Health Care or Pensioner Card



Have a child in school, starting school next year, or be studying yourself



Get a regular income (you or your partner)



Agree to join in free online financial education workshops

Saver Plus supports people to develop life-long savings habits. It's delivered by Brotherhood of St. Laurence, The Smith Family and Berry Street. It's funded by ANZ and Department of Social Services.

saverplus.org.au 1300 610 355