



# Swallowcliffe P-6

Be Safe, Be Kind, Work Hard



## Welcome to our Newsletter

Term 3, Week 4 2023

*Pictured: BIR6 has been learning about safe people in CPC*



### Diary Dates

Wk 5	Monday 21/8 – Friday 25/8	Book Week
	Wednesday 23/8	Playford International College Year 5/6 Transition Visit
Wk 6	Monday 28/8	Book Week Performance
	Tuesday 29/8	Crazy Hair Day
	Wednesday 30/8	Parent Information Session – PA
	Thursday 31/8	School Photo Day
Wk 7	Monday 4/9	<b>SCHOOL CLOSURE DAY</b>
	Week 8 – Thursday - 14/9	Disco after school
Wk 10	Monday 25/9	<b>PUPIL FREE DAY</b>
	Friday 29/9	Last Day of Term 3 (Early Dismissal 2:00pm)
Term 4 Wk 2	Friday 27/10	School Concert / 60th Birthday

### Principal's Message

It is great to be involved with a group of educators that want to provide special learning opportunities for all students.

This term we have an after school art group with Miss Aimee on Thursday afternoons and after school soccer for all ages on a Wednesday.

We have had four students Liddell Buckley, Bradley Leo, Savannah Smith, Tyler Novohathny attend the Aboriginal STEM Conference where students were involved in various STEM activities.

Coming up this term to look forward to are a Book Week parade, first aid training for all students, buddy class picnic and games, crazy hair day, a visit from the Carly Ryan Foundation and a visit from Blair Boyer MP.

*Penny Sweeney*

*Principal*

### Key Contacts

Penny Sweeney	Principal P-6
Eleanor Rawson	Deputy Principal
Erica Goodfellow	Co-ordinator
Dominic Stevens	Senior Leader
Elly Currin	Senior Leader
Kylie Holmes	Co-ordinator
Sarah Browning	Lead Teacher, Pre-School



Swallowcliffe P-6 is committed to providing Quality Education.

**Our Mission: To empower students to recognise and optimise their full learning potential through explicit teaching of;**

- ✓ High Expectations
- ✓ Positive & Growth Mindset
- ✓ Relationships with Others



Government of South Australia  
Department for Education

Principal: Penny Sweeney • Swallowcliffe Road, Davoren Park SA 5113  
Ph: 8255 2908 • Fax: 8287 0559 • E: dl.1062.info@schools.sa.edu.au



[www.swallowc7.sa.edu.au](http://www.swallowc7.sa.edu.au)

# Student Absences

All students need to have their absence from school explained and we can offer multiple ways to support our families to let the school know the reasons for a student's absence.



Call 8255 2908



Visit front office in person



Reply to SMS sent to Parent/Caregiver 1



SeeSaw message to classroom teacher



Email to teacher if email has been provided



Writing a note to the teacher

# Early Pick-Ups

Dear Families,

Please be aware that it is a duty of care requirement, that if you are requesting to collect your child early from school, that you personally come into the school's Front Office and sign your child/ren out, before they are withdrawn from class. Children will not be sent, unattended to be collected outside the school's gate.



Please be aware that children who are regularly collected early from school are missing a significant amount of their learning time, across the school year.



PLEASE UPDATE THE FOLLOWING INFORMATION WITH THE FRONT OFFICE IF ANYTHING HAS CHANGED



HOME/RESIDENTIAL ADDRESS?



MOBILE NUMBERS?



EMAIL ADDRESSES?



EMERGENCY CONTACTS?



FAMILY INFORMATION?

## Tech News

Greetings and welcome to Term 3 Design and Technology!

I am lucky enough to be working with the Foundation to Year 2 students this term, which gives me a great chance to go develop strong basic skills to support the students throughout their schooling. With the youngest students we have been practicing our scissors safety and skills in our first lessons, practicing cutting complicated folded shapes. We then moved on in our next week to discussing why design is important – and how a small change with the exact same materials can change something from weak to strong! Lego was the perfect example for this, so we constructed walls with 20 blocks, first just sitting on top of each other, then rebuilt to all support each other. The difference was dramatic! This week we have been focusing on noticing details, and replicating real life objects with our eyes instead of our imaginations. I have been incredibly impressed with the work they have done – It is clear that their teachers have been working so hard with them all year!

Our slightly older Year 2 students have instead been following in the footsteps of the upper years this term, learning computer skills and being introduced to the 3D printers. While we are only in the early stages, I very much look forward to printing out their designs for all to see soon.

Take care!

Mr Seal



## CPC: B1R6

Our class has been learning about safe people who can help us at school and at home.



## REWARD ROOM NOMINEES

CLASS & TEACHER	STUDENT
B1R1 – Melissa Watts/Cherie Venables	Immy
B1R2 – Steph Smith/Danni Drew	Ty
B1R3 – Mirasda Sabanovic	Winona Gwyneth
B1R4 – Barbara Plumridge	Illyas
B1R5 – Felicity Nelson/Deb Paget	Levi
B1R6 – Valerie Romeo	Ziva
B1R7 – Kelly Eastburn	Jacob Mamy
THE NEST	Jaylynn
B2H1 – Kelsey Williams	Dylan
B3R1 – Kylie Holmes/Emily Arscott	Dylan
B3R2 – Kylie Bickerdike	Ella
B3R3 – Justin D'Antini	Lucy
B3R4 – Travis Victory	Plamedie
B3R5 – Melissa Harris	Dereck Kaleb
B4R1 – Nicola Spencer	Uli
B4R2 – Emily D'Antini/Raj Kaur	-
B4R3 – Hayley Staite/Aimee Mumford	Ivy
B4R4 – Kathleen Walker	Chelsea
B4R5 – Tatum Finlay	Jada
B4R7 – Suada Smajlovic	Mila Mya
B7R1 – Tracy Easton	Yarra Hayder
B7R2 – Shannon Summers	

## CPC: B3R5 - Exploring Identity and Stereotypes

In our class, we have been unravelling the layers of gender stereotypes that exist. We have learnt that these stereotypes can occasionally add pressure to young people to act or look a certain way based on their gender. This pressure can make people unhappy, if they feel like this does not match who they really are. We spent some time diving into what these stereotypes can look like. In pairs, students worked together to cut out images from magazines and place them into the stereotypical genders.

Our class discussed that it doesn't matter what gender we are, we all have the freedom to express ourselves in a way that feels true to our identity.



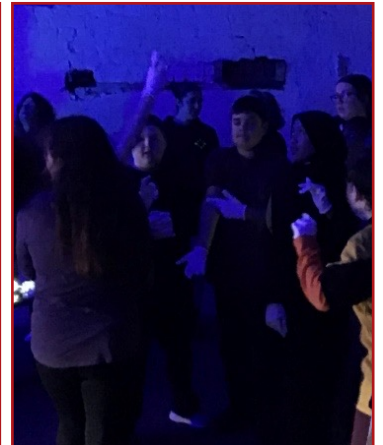
## B2H1

In B2H1 we have been doing some incredible artwork with our story books and science lessons - brightening up our classroom space with our very creative students artwork. We also have been working on our writing skills when looking at inferring. We wrote about a rainy day and what we see when we look up at the clouds. The students were very proud of their work and did such a great job!



## B3R1/B3R2

In Week 1, B3R1 and B3R2 were fortunate to attend "Shifting Perspectives", a performance by one of Australia's award winning dance companies, Restless Dance Theatre. The performance created deep conversation about human perspectives and how we or others may perceive ourselves when looking in the mirror. Demonstrated through exploration of light, darkness, shape, movement, perception and reality which both classes had looked at in Term 2.



# Nunga News

Naa Marni,

Bradley, Liddell, Tyler and Savannah were invited to the Adelaide Convention Centre on Thursday 10th and Friday the 11th of August to attend the 2023 STEM Aboriginal Learners Congress. The STEM Congress is an annual 2-day event inspiring young Aboriginal learners in Years 5 – 10 across public schools throughout South Australia. The congress is a South Australian Department for Education initiative to inspire and engage the next generation of young Aboriginal scientists, technologists, engineers and mathematicians. The congress connects Aboriginal learners to STEM through a range of interactive and challenging STEM experiences designed to demonstrate that Aboriginal learners are powerful STEM learners and lead thinkers.

Here are some words from the four students who attended:

*In Week 3, 4 lucky students in Year 6 were invited to participate in the Aboriginal STEM conference at the Adelaide Convention Centre.*

*The Welcome to Country was fantastic. Uncle Moogy used two boomerangs to make a clap sound and he did an interesting speech about Aboriginal people.*

*We got to conduct lots of different experiments and see lots of new and cool technologies. We attempted to make a fire with a big, wooden stick and a rectangle with a hole in it that he had to put the big stick in it and spin as fast as we could. It was very tiring and hurt our muscles! It is not as easy as it looks.*

*We then got to make paper planes. We had a competition to see which design would go the furthest and we used video footage to review the flights and improve the designs.*

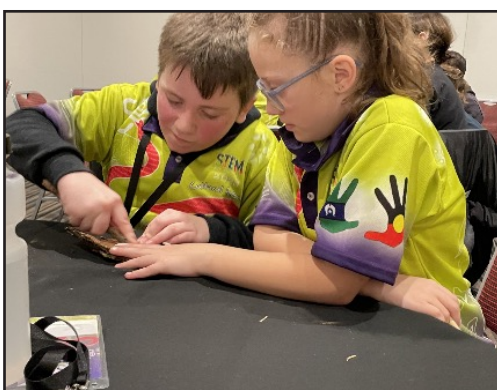
*The escalators were really fun going up and down and going down the wrong way and up the wrong way and the food was awesome!*

*We had a great two days, Thanks you to Tracey, Mr Chris and Mrs Currin for taking us.*

- Liddel B, Savannah S, Bradley L and Tyler N.

Ngaityalya,

**Chris, Belinda and Elly**



## Pre-School News

Dear Pre-School families,

We are excited to share the wonderful adventures, discoveries, and growth that have been taking place in our Pre-School so far this term. We would like to wish our new families a warm welcome! Children have had a lovely start to the term and have been busy building connections with their new peers. It has been lovely to see everyone quickly find their place at Pre-School and begin to build friendships and connections with the other Pre-School children and staff.

One of the highlights of the past few weeks has been the incredible collaborative projects our Pre-Schoolers have engaged in. From constructing imaginative cubbies and other structures using an array of loose parts, to engaging in a range of games and experiences with their peers further strengthening their collaborative play skills and their sense of belonging at Pre-School.

Pre-School children have been hard at work, carefully tending to our Pre-School gardens. Children have eagerly taken on the responsibility of watering and nurturing the plants demonstrating their sense of care for the natural world around them. Children have been actively exploring the world of insects, especially butterflies and caterpillars. We've witnessed the joy of exploration as they discover and learn about these fascinating creatures. They have been able to transfer this learning and interest to create a range of beautiful butterfly crafts to adorn our space.

In our continued commitment to fostering a nurturing environment for our butterfly friends, we're reaching out to our preschool community for support. We kindly request donations of flowering plants, such as daisies, to enhance our butterfly garden. Your contributions will play a pivotal role in creating a haven that attracts various butterfly species, providing endless opportunities for investigation and exploration.

Our Pre-Schoolers have been deeply engrossed in imaginative play this term, forging strong connections through interactions with dolls, puppets, play food and other props. These engaging experiences not only spark creativity but also nurture the development of essential social skills as they build relationships, practice empathy, and collaboratively navigate shared narratives.

Building upon the children's fascination with tap tap and construction, we've introduced woodworking into their repertoire of hands-on activities. Children have confidently navigated using these tools safely and creatively to create a range of artwork further strengthening their fine motor skills, strength and dexterity.

### Pre-School Team

(Sarah, Jess, JJ, Teagan, Hayley, Susan, Sophie, Martha, Jasmine, Kathryn, Lorraine)



# TERM 3 2023

The Playford Wellbeing Hub offers a range of programs and services to support community physical, social and mental health and wellbeing.

For more information contact JMC on 8480 0100 or email [jmc@playford.sa.gov.au](mailto:jmc@playford.sa.gov.au)

John McVeity Centre ~ 182 Peachey Road, Smithfield Plains  
The Precinct ~ 112 Coventry Road, Smithfield Plains



PLAYFORD  
**WELLBEING  
HUB**

All programs will operate during Term 3 dates 24th July to 29th Sept unless otherwise stated

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Up &amp; Go Fitness with Sue</b></p> <p>9.15am-10.15am</p> <p>A group fitness session focused on wellbeing, socialising &amp; being active Fees apply No booking required</p> <p>JOHN MCVEITY CENTRE</p>	<p><b>FREE Maggie Moo Playgroup</b></p> <p>9.30am-10.30am</p> <p>Interactive music and singing session to develop memory, language while having fun! Book via Eventbrite</p> <p>JOHN MCVEITY CENTRE</p>	<p><b>U-Jam</b> <small>ENDS 9th AUG</small></p> <p>9.45am-10.45am</p> <p>A group fitness session with funky world beats &amp; easy to follow choreography Fees apply No booking required</p> <p>JOHN MCVEITY CENTRE</p>	<p><b>Fit &amp; Fab</b></p> <p>9.30am-10.30am</p> <p>A low impact group fitness session to help improve strength, core &amp; balance Fees apply No booking required</p> <p>JOHN MCVEITY CENTRE</p>	<p><b>Up &amp; Go Fitness with Sue</b></p> <p>9.15am-10.15am</p> <p>A group fitness session focused on wellbeing, socialising &amp; being active Fees apply No booking required</p> <p>JOHN MCVEITY CENTRE</p>
<p><b>FREE Community Garden Catch Up</b></p> <p>9.30am-11.30am</p> <p>All community welcome Contact Nat on 8256 0372</p> <p>THE PRECINCT</p>	<p><b>Fit &amp; Fab</b></p> <p>9.30am-10.30am</p> <p>A low impact group fitness session to help improve strength, core &amp; balance Fees apply No booking required</p> <p>JOHN MCVEITY CENTRE</p>	<p><b>ACBA Aussie Hoops</b></p> <p>4pm-6pm</p> <p>Junior Basketball Clinics For ages 5-10yrs Fees apply Register online at <a href="http://www.adelaidebasketball.com.au">www.adelaidebasketball.com.au</a></p> <p>JOHN MCVEITY CENTRE</p>	<p><b>FREE Tree Tots</b></p> <p>10.30am-11.30am</p> <p>Storytime in the garden! Reading &amp; nature based play &amp; crafts For ages 2 to 5yrs Register via Playford Library Eventbrite</p> <p>THE PRECINCT</p>	<p><b>Play Gym</b></p> <p>9.30am-10.30am</p> <p>For ages 6mths to 6yrs A parent supervised play session to explore fine &amp; gross motor skills Fees apply No booking required</p> <p>JOHN MCVEITY CENTRE</p>
<p><b>Come n Try Taekwondo</b> <small>STARTS 7th AUG</small></p> <p>4pm-5pm</p> <p>See what Taekwondo is all about with Just Kicks Taekwondo for 6wks! For ages 4-13yrs. Fees apply Book via Eventbrite</p> <p>JOHN MCVEITY CENTRE</p>	<p><b>Cook N Create</b> <small>STARTS 5th SEPT</small></p> <p>3.45pm-5.15pm</p> <p>Cooking, fun &amp; education, come along to this 4 week program and learn to cook. For ages 7+ Fees apply Book via Eventbrite</p> <p>JOHN MCVEITY CENTRE</p>	<p><b>Just Kicks Taekwondo</b></p> <p>5.15 - 5.55pm (4-7yrs) 6.05 - 7.05pm (8-14yrs) 7.15 - 8.15pm (15+ yrs)</p> <p>Fees apply <a href="mailto:justkickstkd@hotmail.com.au">justkickstkd@hotmail.com.au</a></p> <p>JOHN MCVEITY CENTRE</p>	<p><b>Immunisation Clinic</b></p> <p>3pm-7pm</p> <p>Appointments via VaxApp <a href="http://playford.book.vaxapp.com.au">playford.book.vaxapp.com.au</a> Call 8256 0333 for more info</p> <p>JOHN MCVEITY CENTRE</p>	<p><b>FREE Community Garden Catch Up</b></p> <p>9.30am-11.30am</p> <p>All community welcome Contact Nat on 8256 0372 for more info</p> <p>THE PRECINCT</p>
<p><b>ACBA Aussie Hoops</b></p> <p>4pm-6pm</p> <p>Junior Basketball Clinics For ages 5-10yrs Fees apply Register online at <a href="http://www.adelaidebasketball.com.au">www.adelaidebasketball.com.au</a></p> <p>JOHN MCVEITY CENTRE</p>	<p><b>Church Basketball SA</b></p> <p>4pm-8.30pm</p> <p>Junior &amp; Senior Basketball Competition. For Ages 8+ Fees apply <a href="http://sachurchbasketball.com.au">sachurchbasketball.com.au</a></p> <p>JOHN MCVEITY CENTRE</p>	<p><b>Wheelchair Football Training</b> <small>ENDS 9th AUG</small></p> <p>6pm-7pm</p> <p>Players with &amp; without disability encouraged to play in this inclusive game To book contact <a href="mailto:carrie.mewett@cdfc.com.au">carrie.mewett@cdfc.com.au</a></p> <p>JOHN MCVEITY CENTRE</p>	<p><b>Cirkidz Satellite</b></p> <p>4-5pm &amp; 5-6pm</p> <p>Circus Skills &amp; Parkour Two sessions available For ages 5-12yrs Fees apply <a href="http://cirkidz.org.au">cirkidz.org.au</a></p> <p>JOHN MCVEITY CENTRE</p>	<p><b>Keep'Em Movin &amp; Groovin</b> <small>ENDS 1st SEPT</small></p> <p>4pm-4.45pm</p> <p>Kids (5-11yrs) fitness classes Bootcamp circuits, dance, boxing &amp; more! Fees apply Book here: <a href="http://bit.ly/3NFQbFs">bit.ly/3NFQbFs</a></p> <p>JOHN MCVEITY CENTRE</p>
<p><b>Just Kicks Taekwondo</b></p> <p>5.15 - 5.55pm (4-7yrs) 6.05 - 7.05pm (8-14yrs) 7.15 - 8.15pm (15+ yrs)</p> <p>Fees apply <a href="mailto:justkickstkd@hotmail.com.au">justkickstkd@hotmail.com.au</a></p> <p>JOHN MCVEITY CENTRE</p>	<p><b>Fair Dinkum Yoga</b></p> <p>7pm-8pm</p> <p>Adults only Fees apply <a href="mailto:yogafairdinkum@gmail.com">yogafairdinkum@gmail.com</a></p> <p>JOHN MCVEITY CENTRE</p>	<p><b>Social Futsal (16+yrs)</b></p> <p>6.30pm-8.30pm</p> <p>Weekly games until 16 Aug</p> <p> <small>REGISTER YOUR INTEREST</small></p> <p>JOHN MCVEITY CENTRE</p>	<p><b>Special Olympics Basketball</b></p> <p>5-6pm &amp; 6-7pm</p> <p>1 hr sport &amp; health program for children &amp; adults with intellectual disabilities &amp; autism. Fees apply Book here: <a href="http://bit.ly/3r9fPus">bit.ly/3r9fPus</a></p> <p>JOHN MCVEITY CENTRE</p>	<p><b>FREE Free Fridays</b> <small>4 AUG 1st SEPT 6 OCT</small></p> <p>5pm-7pm</p> <p>A MONTHLY program for young people to hang out or play sports! Ages 12-17 only No booking required</p> <p>JOHN MCVEITY CENTRE</p>
<p><b>Women's Social Netball (16+yrs)</b></p> <p>6.30pm-9.30pm</p> <p>Weekly games until 28 Aug</p> <p> <small>REGISTER YOUR INTEREST</small></p> <p>JOHN MCVEITY CENTRE</p>	<p><b>SATURDAY</b></p> <p><b>Queenstown Gymnastics Club</b></p> <p>9am-1pm</p> <p>Trampoline gymnastics Weekly training sessions Fees apply</p> <p>JOHN MCVEITY CENTRE</p>	<p>All bookings on Eventbrite open 2-3 weeks prior to programs starting <a href="http://playfordwellbeinghub.eventbrite.com.au">playfordwellbeinghub.eventbrite.com.au</a></p> <p></p>	<p><b>SUNDAY</b></p> <p><b>Faith Alive Centre Church</b></p> <p>1pm-4pm</p> <p>For more info contact 0451 623 207</p> <p>JOHN MCVEITY CENTRE</p>	<p><b>FOR HIRE</b></p> <p>Function Rooms (JMC) Sports Courts (JMC) Meeting Rooms (Precinct) Maker Space (Precinct)</p> <p>Call 8480 0100 for more info</p>



# TERM 3 WORKSHOPS AND EVENTS AT THE WELLBEING HUB



**Kidsafe**  
SOUTH AUSTRALIA

**FREE CAR SEAT FITTING & CHECKING SERVICES**

We are heading North & South

**BOOK ONLINE**

[www.kidsafesa.com.au](http://www.kidsafesa.com.au)

generously supported by **variety**  
The Children's Charity

**FRIDAYS 10am-4pm AUG 4, SEPT 1 & 29**  
**AT JOHN MCVEITY CENTRE**

**Scrapbooking & Papercraft Class**  
MEMORY CRAFTING WITH JULIE

\$15 per session

**THURSDAYS 2-5.30pm or 6-10pm**  
**JULY 27, AUG 24 & SEPT 28**  
**JMC | TO BOOK PHONE: 0408 088 631**

Create your own

**Chiminea Incence Burner**  
Wednesday 2nd August, 10am-12pm

**Leafy Plant Pot**  
Monday 4th Sept, 12pm-2pm

Cost: \$5 each | Book via Eventbrite

**AT THE PRECINCT**  
**BOOKINGS VIA EVENTBRITE**

**FUN FREE OUTDOOR FITNESS CAMPS**

NO JOINING FEE, NO CLASS FEE, IT'S ALL FREE!

Regular exercise and good nutrition can help build a happy life

CLASSES START AT 5.30PM DAILY - EACH SESSION RUNS FOR 45MIN

Mon	Tue	Wed	Thurs	Fri
X-TRAINING	BOXING	X-TRAINING	YOGA	BOXING

**AT JOHN MCVEITY CENTRE**  
**REGISTER AT LIVELIFEGETACTIVE.COM**

**KEEPING BACKYARD CHICKENS**

AN INTRO TO FREE RANGE POULTRY HUSBANDRY

WITH ANNEMARIE - THE FOOD FOREST

**WEDNESDAY AUG 30, 9.30AM - 1PM**  
**AT THE PRECINCT**  
**BOOKINGS VIA EVENTBRITE**

**LEARN TO KNIT A WASHCLOTH!**

with **DEAR Purl**

**Tues 5th Sept 2023, 10am - 1pm**  
Cost \$5

**AT THE PRECINCT**  
**BOOKINGS VIA EVENTBRITE**

## HEALTHY FOOD CO

**HEALTHY FOOD CO.**

**NEW WINTER EASY MEAL RANGE**  
\*\*available instore only\*\*

- Moroccan chicken \$13
- Moroccan lamb \$18
- spiced carrot soup \$4.50
- sweet potato soup \$5.50
- cauliflower & bacon soup \$5

Scan QR find out more



**Opening Hours:**

**Mon—Fri**  
**9.30am to 4.30pm**

**After Hours Pick Up:**

**Order your Easy Meal online and pick up at John McVeity Centre!**

**112 Coventry Road**  
**Smithfield Plains**  
**Phone: 8254 3641**

**Providing low cost meal packs and essential grocery items.**  
**The Precinct Café is located within the HFC & is open 9.30am – 2pm Mon to Fri**

