



# Swallowcliffe P-7

We value **Honesty, Respect, Achievement**

## SUNSMART POLICY

### RATIONALE

- Australia has the highest incidence of skin cancer in the world, with skin cancers accounting for around 80% of all new cancers diagnosed each year in Australia.
- Skin damage, including skin cancer, is the result of cumulative exposure to the sun. Much of the damage occurs during childhood and adolescence. Research suggests that severe sunburn is a contributor to skin cancer and other forms of skin damage such as wrinkles, sunspots, blemishes and premature ageing. Most skin damage and skin cancer is, therefore, preventable.

### AIM

The aims of the Swallowcliffe School SunSmart policy are to promote among students, staff and parents a positive attitude towards skin protection and to provide lifestyle practices that reduce the incidence of skin cancers. Our aim is to ensure that all our members of our school are protected from sun damage caused by harmful rays of the sun.

### IMPLEMENTATION

This policy is for implementation for Term 1 and 4 of the School year and for specified School events. It is expected that all staff, students and parents of Swallowcliffe School use the following strategies:

1. During term 1 and 4 take particular care if in the direct sun between the hours of 10am and 2pm (11am and 3pm daylight saving time). Use the shade of trees, pergolas, verandas and the COLA whenever outdoors. Whenever possible outdoor activities will be scheduled before 10am and after 2pm and conducted indoors or in shaded areas.
2. Students are to wear hats all year round
3. Parents are advised to dress students in appropriate sun protective clothing – i.e. dresses with sleeves. Staff and students are expected to wear a broad brimmed, or bucket style hat (in years 3-7) whenever outside. Students not wearing an appropriate hat will be expected to play in shaded areas.
4. Adequate time must be allowed for students to apply sunscreen.
5. Parents will be encouraged to supply sunscreen for their children and students will be encouraged to reapply throughout the day. A note will be included in the Parent Enrolment Pack regarding children applying sunscreen at school. Classrooms will have access to sunscreen. (1 purchased on admin budget after that classroom budget). Classes on excursion will take sunscreen with them to reapply throughout the day.
6. Reinforcing the SunSmart message in all School activities and curriculum. Staff are expected to role model SunSmart behaviours in all outdoor activities.
7. Skin protection will be incorporated into enrolment information, excursion notes and School newsletters.
8. When eating outside seating will be provided in shaded areas.

**Refer to Hot Weather Policy and Dress Code Policy**

### REVIEW

This policy has been endorsed by the Governing Council.

This policy will be reviewed and updated as required ie due to new information.

2017

**Our Mission:** To empower students to recognise and optimise their full learning potential.



Government of South Australia  
Department for Education and  
Child Development

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